

Tristan & Isolde

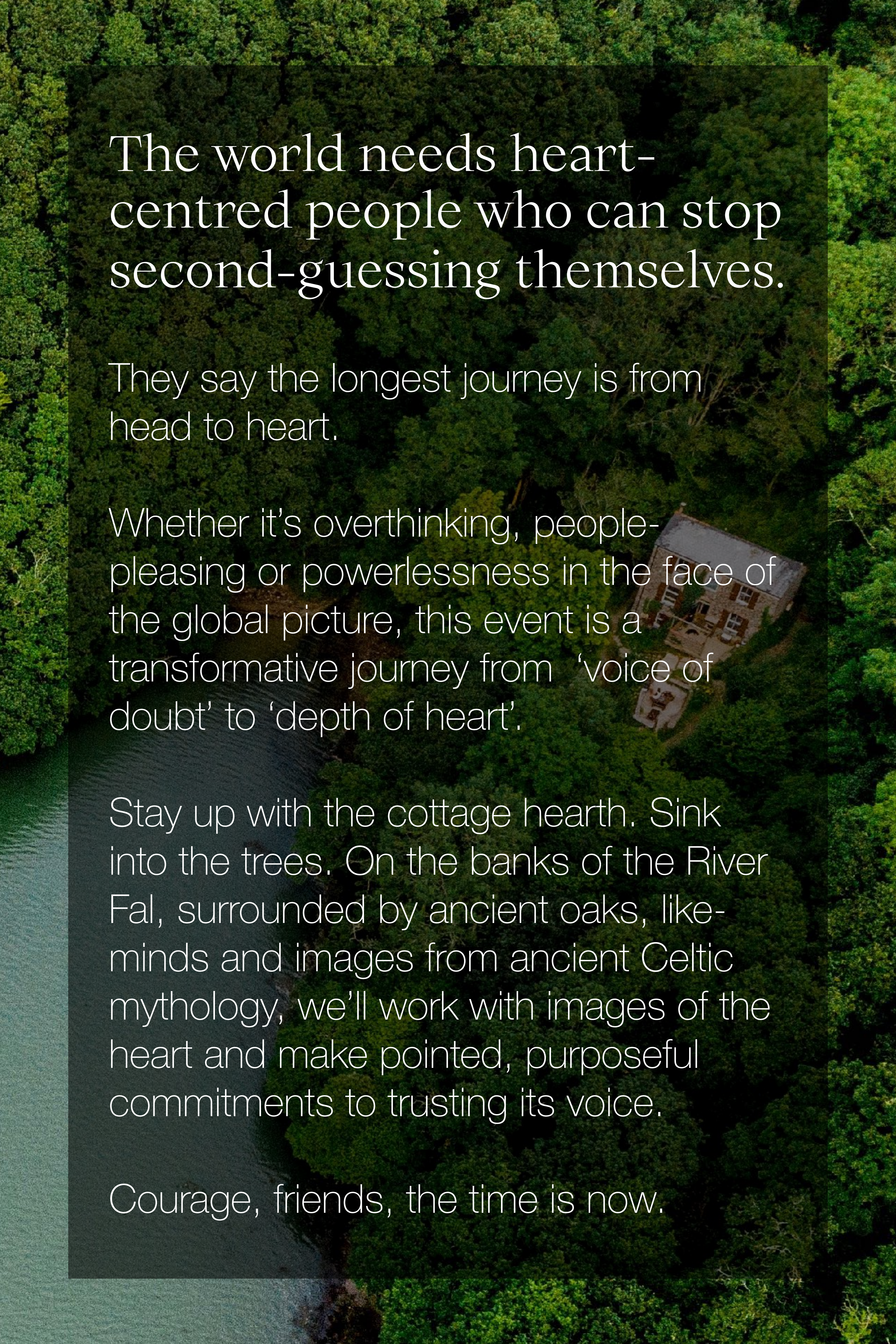
14th-17th May
all inclusive
Lost Cottage
of Penperth,
Cornwall

A four-day immersion into ancient Cornish myth and nature, for people who are facing uncertainty in their life, love, work and want to root into something deeper.

Make a commitment, meet friends to last a lifetime, grow deeper roots for your own story.



Recalling Fire

An aerial photograph of a lush green forest. In the lower right quadrant, a small, two-story stone building with a grey roof is visible, surrounded by trees. A river or stream flows through the lower left portion of the image. The text is overlaid on a semi-transparent dark grey rectangle.

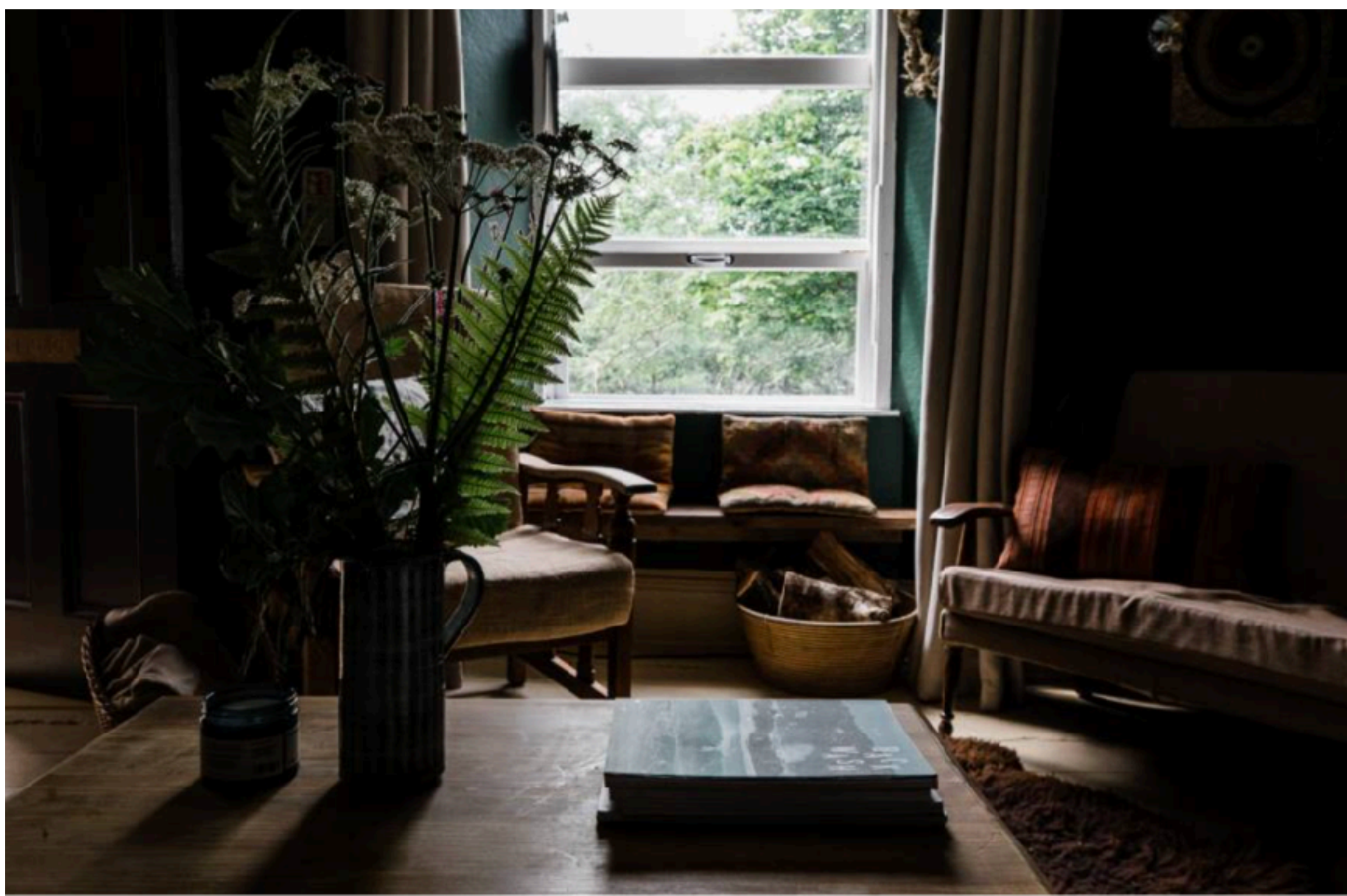
The world needs heart-centred people who can stop second-guessing themselves.

They say the longest journey is from head to heart.

Whether it's overthinking, people-pleasing or powerlessness in the face of the global picture, this event is a transformative journey from 'voice of doubt' to 'depth of heart'.

Stay up with the cottage hearth. Sink into the trees. On the banks of the River Fal, surrounded by ancient oaks, like-minds and images from ancient Celtic mythology, we'll work with images of the heart and make pointed, purposeful commitments to trusting its voice.

Courage, friends, the time is now.



Four days, off-grid,
in a cottage
surrounded by
ancient oaks on
the banks of the
river Fal, Cornwall.



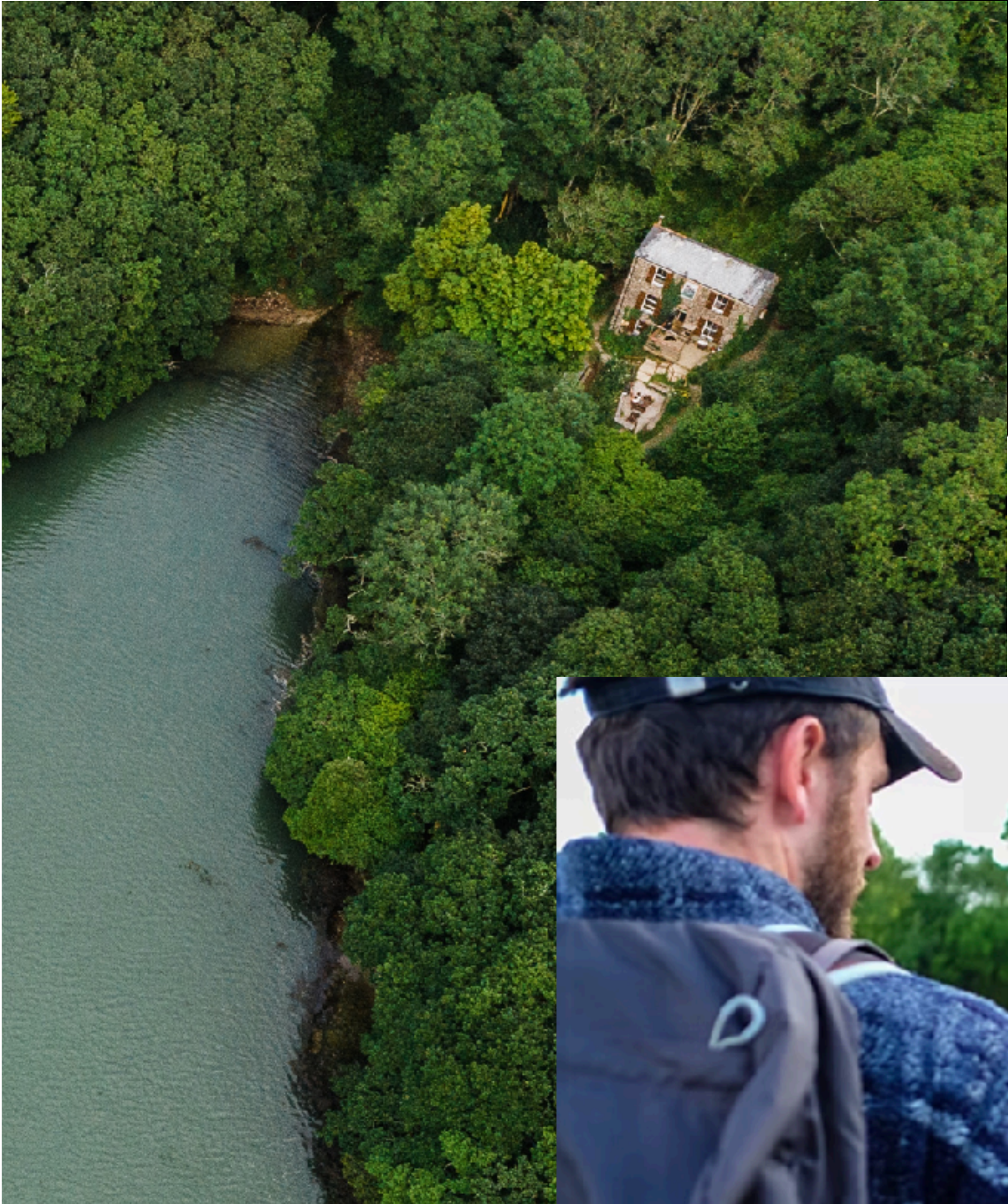
What to expect:

- Guided **threshold moments** to make commitments to your next steps (and dare yourself onwards).
- The full-blooded **story of Tristan and Isolde**.
- **Facilitated group work and practices** to explore the place and the ancient Celtic images.
- **One-on-one time** with master NLP practitioner.
- **Solitary silent reflection** in the wilds.
- **Private 15 acre woodland and water access** to the river Fal.
- **Accommodation** in cottage and off-grid huts.
- Shared vegetarian **meals** (brings snacks/booze).
- **Transport links** from Truro train station.
- **Optional activities** (Canadian canoeing, bushcraft, foraging) enquire on booking.





Ancient Celtic
myth in ancient
Celtic wilds.



Your hosts

Alys Harwood

Storyteller.
Coach (Master
Practitioner NLP).
Conjurer-of-feasts.
Admirer-of-rooks.
Older, elder.



Sam Crosby

Storyteller.
Host.
Making-meaning-
if-not-sense.
Surefoot.
Dare-you-on.

Quotes from past events:

"I was moved to laugh and cry. I leave feeling more whole than when I arrived."

"Thank you for letting me grieve, for letting me celebrate, for letting me believe."

"I feel soothed to my bones".

"You are onto something special."

"It's been a long time since I'd let myself be heard. It helped me feel like I belong. A brilliant energy which lit up even my darkest days."

Tristan & Isolde

Daring to love
your own story

£695pp, all inclusive.

For more, go to
www.recallingfire.com

Meet ancient, wild stories.

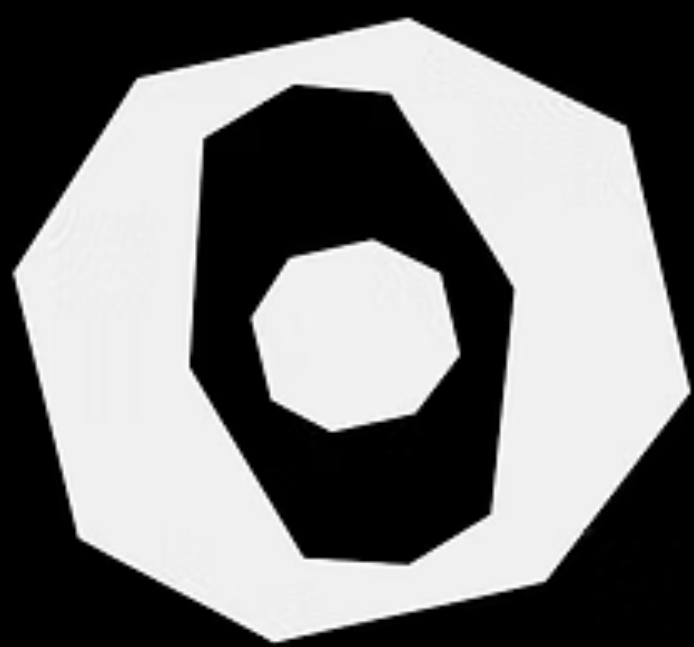
Maybe, in the twilight, meet yourself.



Recalling Fire

An aerial photograph showing a dense, lush green forest on the left side of the frame, which meets a calm body of water on the right. The water has a dark, teal-green hue with subtle ripples. The forest canopy is thick and textured, with varying shades of green. The text is overlaid on the forest area, positioned towards the center-left.

Wisdom isn't learning
something new, it's being
reminded of what you've
always known.



*Maybe, in the twilight,
meet yourself...*

Recalling Fire