



The 'In-Between':

Exploring the
Sacred Liminal
Space of
Emergence



“Liminal space is when we are betwixt and between, have left one room but not yet entered the next room. It is any hiatus between stages of life: faith, jobs, loves or relationships.

It is that graced time when we are not certain or in control, when something genuinely new can happen. It is the ultimate teachable space.

-Richard Rohr: Franciscan priest - .

Are we brave enough to allow the “transition fog”*?

- Fear of change – of letting go of what feels comfortable
- Fear of being ‘unproductive’
- Fear of being alone with our own thoughts
- Fear of facing the truth of our current state

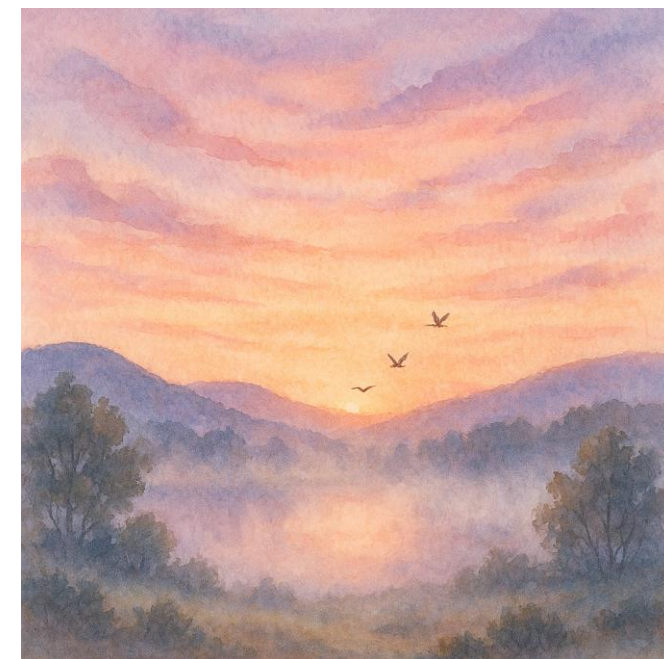
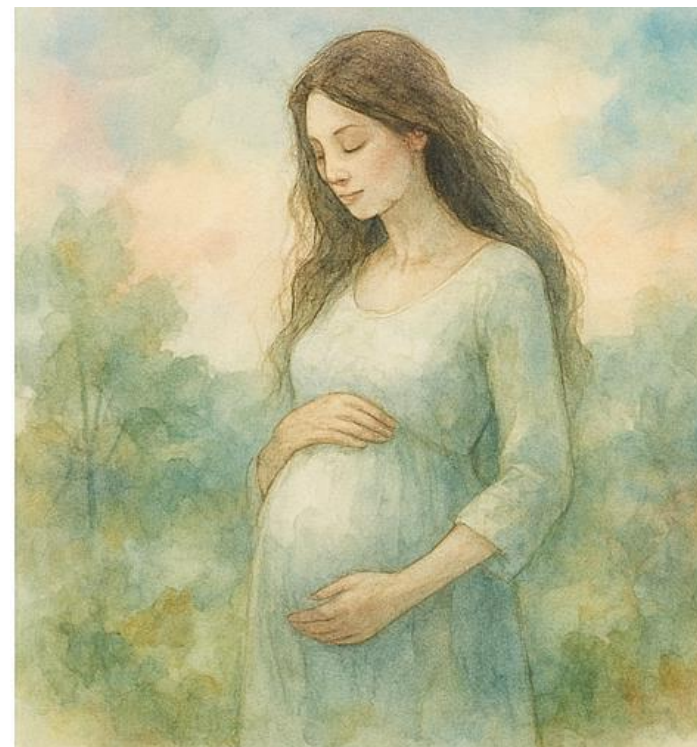
*Brenda Reynolds



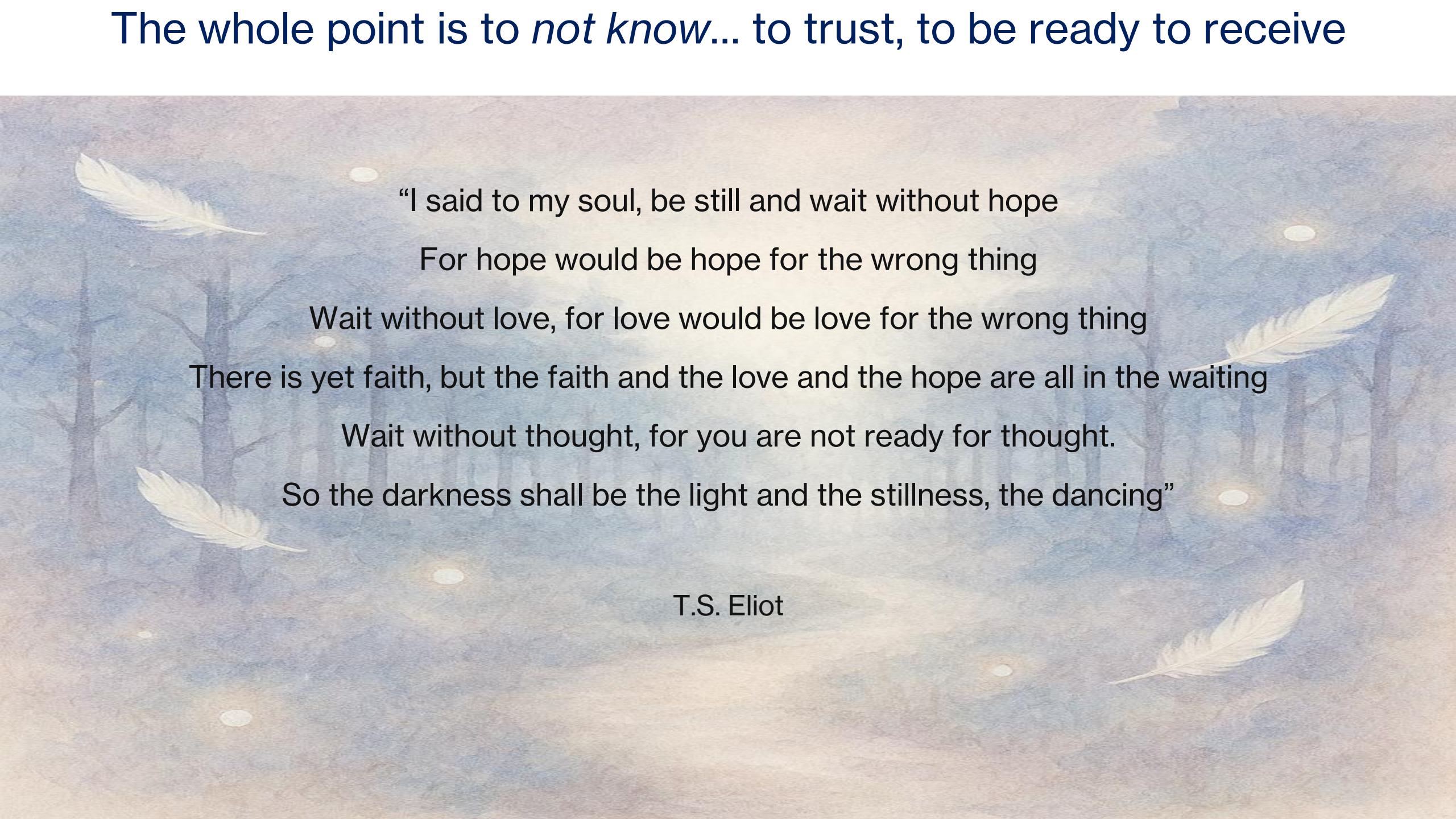
The Sacred Opportunity

- A rare chance to come fully back to ourselves
- A time to listen
- A time to hear the inner call
- A chance to walk forward, renewed and reborn





The whole point is to *not know*... to trust, to be ready to receive

The background of the text is a soft, painterly illustration of a misty forest. Bare, dark trees stand in the background, their forms softened by a thick mist. Several white feathers are depicted floating in the air, some near the top and others lower down, adding a sense of quiet movement to the still scene. The overall color palette is muted, with blues, greys, and soft whites, creating a contemplative and ethereal atmosphere.

“I said to my soul, be still and wait without hope
For hope would be hope for the wrong thing
Wait without love, for love would be love for the wrong thing
There is yet faith, but the faith and the love and the hope are all in the waiting
Wait without thought, for you are not ready for thought.
So the darkness shall be the light and the stillness, the dancing”

T.S. Eliot