



Play Ethic: A Way of Creativity for our Time

3 Day Online Intensive
3 day workshop, 13th – 15th January 2021

Free Taster Session:
24th October 2020, 9:30am - 1pm

Do you long to bring more creativity into your life?

We are creative beings!

The wellspring of creativity which runs in all of us offers innovation, healing, beauty, and pleasure.

Creativity is the greatest healing force. At a time when individually, collectively, and globally our souls, society and organisations need to be examined and healed, reconnecting with our inner child has never been more important. This workshop will put you in touch with your own creative source, helping you to explore your creative response to everyday challenges we face as well as encouraging you in the creative projects you love and to be an agent of change in your own endeavours.

The invitation:

- Connect with your own wellspring of creativity as a source of healing and fun
- Feel optimism and confidence in learning to play, dissolving creative blocks
- Discover how to optimise your creative potential to problem solve in your everyday personal and professional life.

What do I need to take part?

- An open mind and heart
- A space to work
- A notebook and pen for making notes
- Household items such as scissors.
- **For the intensive we will send out a joiner pack which provides all other materials needed**
- For the taster session please bring any art materials you have to hand

Who are we?

- **Helen Tyrrell** is a Coach a Processworker and a Creative with an MSc in Sustainability and a professional background in Art, Business Operations and Human Resources. Helen has a strong belief in the power of human potential and of imagination.
- **Jasmine Dale** is an author, mentor and trainer. She is inspired by the intelligence of ecosystems and the unlimited potential of creativity

What does it cost?

- Taster session: Free of charge ! [Register here](#)
- Workshop: including materials, £205 (concessions available)– [contact me](#) or [register here](#)